

Community Partners

Our community partners include over 300 off-site medical providers who partner with VIM, representing 47 specialties within 66 medical groups. They provide care in their own offices or facilities, and they are an integral part of what makes our work so impactful and successful. The value of the care provided by our partners since establishing the VIM referral network is over \$100,000,000!

April
2021

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INSIDE

Thank You to Our
Community Partners - An
Integral Part of VIM's
Network of Care

Dr. Nicole Todisco of
Outside Movement
Physical Therapy

A Message from
Kat Mastrangelo,
Executive Director

Clinic Timeline
(Stay tuned for an
ongoing timeline!)

The Tykeson Family
Foundation 3-Year Grant
Successfully Matched!

Mike Stahly, NP at
Desert Orthopedics

...

We believe in
the health of
our community.

"As a part of the Central Oregon Healthcare Community for 31 years, Bend Anesthesiology Group is honored to have the opportunity to care for patients through our partnership with Volunteers in Medicine. We believe in a future where all of our community members have ready access to high quality healthcare, and we are proud to partner with VIM in working towards making that a reality."

- Michael Hatch, MD - Partner in the Bend Anesthesiology Group



"Central Oregon Emergency Physicians is proud to be the safety net for the emergency medical needs of our community. We are privileged to be able to help our VIM patients when emergencies arise. Thank you to VIM for giving these patients a consistent medical home that helps with all their non-emergency needs" - Gillian Salton, MD - COEP

"It has always been important to me to find ways to serve the community I was born, raised, and live in. Serving on various boards, volunteering and coaching have been ways I was able to contribute. Now I feel using my skills as a dentist is the best way I can help my community and neighbors. I have really enjoyed working with VIM and the people it serves, knowing that I am able to make a difference in their lives."

- Jeffrey Timm, DMD - Timm Family Dentistry



"The physicians and staff of CORA appreciate the service VIM provides the Central Oregon region. We value our relationship and shared vision of improving the health of our community." - Dennis Carter, CEO - Central Oregon Radiology Associates

Join These Local Groups - Become a Community Partner!



Providing access to healthcare is an essential part of keeping our community and workforce running. **When you partner with VIM, you will not only change the life of one individual, your actions will influence the life of a family, the security of a job, and in turn create a more thriving and cohesive community.** The gratitude expressed by our patients is profound. They know what a gift it is to have access to healthcare, and their appreciation is one of the things that fuels our volunteers and staff on a daily basis. We hope you will join us in empowering and enriching the lives of the underserved in Central Oregon. Because we believe in the health of our community!

"We're proud to support the important mission of VIM by helping those in need gain access to the diagnosis and management of common vein disorders like blood clots, venous ulcers, and painful varicose veins." - Edward M Boyle, MD - Inovia Vein Specialty Centers



"At its core, dentistry is a profession rooted in service. It is a privilege for PureCare Dental to team up with VIM - and to be reminded of how such service can influence the wellness of our community members. Our providers and staff

members find joy in treating the VIM patients, and our spirits for giving are more full each month because of this partnership. We are honored to work toward bettering the dental health of Central Oregonians through VIM's volunteer opportunities." - Tyler Fix, DMD, MA - PureCare Dental (pictured on front cover)

"I am happy to be helping remove the financial barrier to accessing quality anesthesia and surgical care for patients. Those living without the luxury of health insurance deserve the same access to care." - Joel Swift, CRNA, President - Juniper Anesthesia Inc.



OUTSIDE MOVEMENT PHYSICAL THERAPY

When Nicole Todisco PT, DPT was 13, her grandfather suffered a spinal cord injury, leaving him paralyzed from the waist down. She says, "His PTs were true superheroes from my perspective. They worked so hard to empower him to utilize his arms and upper body to his full capacity in order to maximize his independence. I saw firsthand how these people really changed his perspective and gave him so much of his life back despite a life-changing injury. It was then that I knew I wanted to do the same for other people. I never thought of doing anything else."



Nicole received a degree from the University of Vermont, focusing on Nutrition and Food Science, and went on to earn a Doctorate in Physical Therapy from Rutgers University. "Along the way I spent a lot of time working in strength training and various fitness and wellness avenues. As a physical therapist I try to combine all these background experiences into how I work with my clients. A major focus of my practice is teaching clients techniques they can utilize on their own to achieve their goals and live at their fullest potential. My clinic is as focused on education as it is treatment."

Nicole is one of VIM's newest community partners, seeing VIM patients at Outside Movement Physical Therapy, which she opened in July 2020. "I was introduced to VIM by a dear friend of mine who is also a volunteer there. **She described how refreshing it felt to participate in a healthcare system that puts patient/client needs first.** I was hooked. I'm thrilled to have the opportunity to collaborate with other healthcare professionals in our community to support the health and wellness of those in need. I believe that treatment should be dictated by what's best for the client, not what's best for the current healthcare/insurance system. That belief aligns me with VIM in wanting to treat populations that are underserved by said system. My hope is that by focusing on efficient, educational services, Outside Movement PT can work alongside other VIM volunteers to lift the overall health of the community."





Letter from the Executive Director

Pro bono (adj) (Latin) “for the public good”: In medicine it means professional services donated without charge to a patient in need.

Volunteers in Medicine relies on the support and commitment of the pro bono medical community in Central Oregon. We hear over and over again from our community medical partners that they have great satisfaction in caring for VIM patients because of the gratitude they receive, knowing that the care they donate is truly necessary and appreciated.

The pro bono referral network supported in our community is one of the strongest anywhere in the country. In the 13 years I have served as the executive director, I have met leaders from hundreds of free and volunteer clinics across the country. None of them have a pro bono referral network as strong and diverse as the one at VIM Cascades. **We owe a huge debt of gratitude to Dr. Ron Carver who worked tirelessly before the VIM clinic opened, to secure agreements from every doctor in Bend that they would care for VIM patients when referred for free.**

Many of the providers who were a part of that initial cohort back in 2003 have since retired or moved. But the spirit of their initial support continues and our network still includes hundreds of specialists in our community. We welcome new providers and new specialists every year. Because everyone does a little, no one has to do too much.



Our clinic pro bono network reminds me of the story of Stone Soup. Starting with nothing more than a pot and some water, the hero of the story suggests to others that they could contribute what they have. Some provide firewood, others carrots, onions and potatoes. Someone has some salt, and a little meat. Before long the pot is full, there is enough for all and everyone enjoys the meal together.

Thank you to all of our community partners. April is the month of volunteer appreciation. We truly appreciate YOU.

Regards,

Kat Mastangelo

Volunteer RNs Needed!

Many individuals in our communities face inequities in healthcare, and we are committed to working against these inequities. Our volunteers range in age from 18 – 84. It is the intermingling of this diverse group of people that creates such a rich environment for volunteering at VIM.

If you are a RN and interested in volunteering, please fill out our application at www.vim-cascades.org/volunteer

Timeline: Volunteers in Medicine Clinic - Beginnings



May 2002

St. Charles Medical Center donated land on hospital property with a long-term land lease for the new VIM building. Jim Petersen and Jim Lussier were instrumental in this process.

Vern Bishop Planning & Construction hired to begin developing building plans for what is now the current VIM building. VIM Building Committee formed, including Richard Ettinger, MD, Ronald Carver, MD, Les Alford and Christine Winters (pictured middle right). (The February newsletter mistakenly pictured Robyn Holdman, first Development Coordinator instead of Christine Winters, Founding ED. We apologize for this error.)

Ronald E. Carver, MD named VIM Medical Director.
Charles Ayers named VIM Assistant Medical Director (pictured bottom right).



August / September 2002

Doug Ritchie, PhD, who recently joined VIM as a volunteer and began a long-term association with VIM as IT Coordinator, presented a detailed plan for computer and telecommunications needs for VIM.

Vern Bishop Construction completed building plans. Plans are adopted by the board. Board began process of obtaining Site Plan Approval, Building Permits, raising funds to complete building construction.

First VIM quarterly newsletter sent with the goal of informing volunteers, the medical community, and the community at large of the development and purpose of VIM Clinic of the Cascades.



October 2002

After receiving a \$47,000 Bridge Grant from NW Health Foundation, VIM began collaboration with the Deschutes County Community Care Clinic, expanding clinic hours from one day/week to two days/week.

Over the next 18 months, VIM volunteers managed 1,800 patient visits.

At the direction of Medical Director, Ron Carver, VIM began a series of retired physician breakfasts, held at St. Charles Medical Center, to create a forum for discussion of medical issues, develop interest in VIM and help recruit volunteer physicians.

Central Oregon Partnership contributed the first major grant to VIM: \$125,000 over two years to support core staff positions.

Gift Acceptance Policy document developed and presented to the Board.



November 2002

Robyn Holdman (pictured right) hired as Development Coordinator.

St. Charles and Farmers Insurance agreed to provide liability insurance to VIM and VIM volunteers under the hospital's insurance, issued the year the clinic opened.

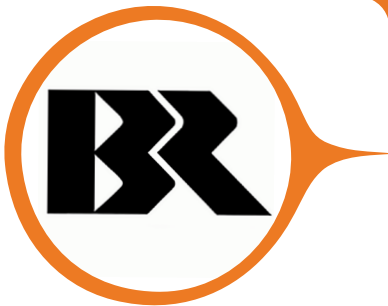
Ron Carver, MD, Tom McGranahan, MD, and Doug Ritchie, PhD developed and implemented electronic medical records (EMR) for VIM. VIM's EMR was the first for any free clinic in the country, and one of the first in the Bend community.



January - October 2003

VIM Development Committee formed with Ron Carver, MD serving as chair.

Dispensary Committee formed to help recruit pharmacy volunteers, to assist in development of a VIM dispensary, to develop a VIM formulary, and to research medical assistance and software programs to obtain pharmaceuticals for VIM patients. Richard Ettinger, MD served as the chair of this committee.



VIM Website developed and launched at the direction of Doug Ritchie, PhD.

Launched effort to establish a dental referral network for VIM patients.

Site plan approved by City of Bend, building permit submitted to the city.

Circle of Caring established, founding members included:

Brooks Resources Corporation
Mary and Ron Carver, MD
Central Oregon Radiology Associates
Maybelle Clark MacDonald Fund
Gert and Neal Goldsmith, MD
Darhl and Don Guinn

Jim and Patti Petersen
Gordon and Janine Robberson
Gladys Steinlicht
The Center for Orthopedic and Neurosurgical Care and Research

Christine Winters officially hired as VIM Executive Director.

VIM hosted Ground Breaking Ceremony. Building construction began (pictured above).

OHSU Medical Informatics Class working with Doug Ritchie, PhD, VIM's IT Director, present report supporting use of EMR at clinic. This report recommended physician and nurse "champions" trained in EMR to train other volunteers in the EMR system.

Launched the capital campaign for building and equipment funds. The "Buy a Brick" campaign offered donors the chance to contribute for a personally inscribe brick to be placed in the entryway of the clinic.

Kristi Jacobs (pictured left) hired as Volunteer Coordinator to help recruit and coordinate training of approximately 250 volunteers, to set up a registration, application process and tracking system, update and maintain volunteer information database and files, and implement activities to recognize and retain volunteers.

Tykeson Family Foundation Match Met!

The Tykeson Family Foundation, which focuses on healthcare and health sciences among other things, pledged a three-year matching grant totaling \$300,000 to VIM. Starting in 2018 and running through the end of the prior fiscal year (March 31, 2021), we are proud to announce that every year our donors stepped up to meet the annual \$100,000 match!

We would like to extend our thanks to Managing Trustee, Amy Tykeson, whose passion and community impact has helped secure financial stability for VIM for years to come. Our hearts are continually full with the support we receive: from our hard-working volunteers, to our dedicated staff, and our mission-driven board of directors. Moreover, we are deeply grateful to our donors. They include all the aforementioned, in addition to our patients and members of the community, all coming from a wide range of socioeconomic, educational, and occupational backgrounds. At VIM we see these varied individuals unify to advance our mission, and our community is better for it. Thank you all for the role you played in bringing healthcare to the underserved through the Tykeson Family Foundation match!

Other Ways to Give



Donate to VIM based on the shopping you do every day. Once you link your card to VIM, all you have to do is shop at Fred Meyer and swipe your Shopper's Card at checkout. Here's how it works:

1. Sign in to your digital account.
2. Search for Volunteers in Medicine Clinic of the Cascades.
3. Select VIM from the list and click "Save".



A simple way for you to support VIM! Every time you shop AmazonSmile will donate 0.5% of your eligible purchases to VIM. Visit smile.amazon.com on your web browser and add Volunteers in Medicine Clinic of the Cascades as your charity of choice.

Thank you to these companies for donating drinks to our volunteers, helping to keep them awake and alert during their clinic shifts!



Celestial Seasonings donated tea to the clinic!



Humm Kombucha donated kombucha to the clinic!

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Mike Stahly has been a nurse practitioner at Desert Orthopedics for the past 17 years. He started off in Salt Lake City, working as a nurse in the emergency department. At the time, with young children at home, he found the ER hours too limiting for family life. He decided to become a nurse practitioner in hopes of finding a job with regular business hours, offering him more freedom to see his family. While still in Utah, Mike and his wife (a hand surgeon) each had a connection to someone who had relocated to Bend, and they followed those connections to their new home and developing careers.



In Bend, Mike began working for Dr. Michael Mara, who at the time, was a volunteer provider at VIM. Mike became familiar with VIM and he too joined as a volunteer. He volunteered at the VIM clinic, but after the ACA came into play, he also began seeing referrals at Desert Orthopedics. Mike volunteered with VIM for nearly 9 years. He says VIM offers "a great program. VIM patients are no different than patients anywhere else: they need care and attention. **Without the security of insurance, VIM is the place to go. From the volunteers to the patients, everyone there is so appreciative. And everyone has a good attitude because they're doing a good thing.** If you don't have your health, if you can't work because of your health, there a big sense of insecurity, which adds to life stress. VIM is a great resource."



Donate in April or May and Win!

Donate at least \$25 in April or May and you'll be entered to win this Rumpl blanket and VIM mug. Winner will be picked June 1st and notified via email or phone.

Our mission is to improve the health and wellness of the uninsured and medically underserved through the engagement of professionals, community partners, and dedicated volunteers.



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