



**It is now recommended that you wear a cloth face cover over your nose and mouth when in public spaces:**

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a cloth face cover over their nose and mouth when they have to go out in public, for example to the grocery store or to pick up other necessities.
- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a face mask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.
- After you return home from wearing the the mask to a public space, it is now contaminated.
- Remove the mask and wash it before you use it again.
- After you remove the mask, immediately wash your hands or use an alcohol-based hand sanitizer.