

COME SEE YOUR DONATION AT WORK!

Open House

Wednesday, December 7th, 11am – 1pm.
HOT CIDER, COOKIES AND A DRAWING FOR
DINNER FOR TWO AT OUTBACK STEAK HOUSE

NONPROFIT
ORGANIZATION
US POSTAGE
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BEND OR
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CLINIC OF THE CASCADES Progress Notes

FALL 2005

FOR A HEALTHY WORKFORCE. FOR A HEALTHY COMMUNITY.

Meet Dr. Bob Hakala, new VIM Medical Director



Dr. Bob Hakala, founding VIM board member and volunteer clinic caregiver joined the VIM Clinic in September.

Dr. Hakala recently retired from Bend Memorial Clinic, where he was a family practice physician for 29 years. The Oregon Academy of Family Physicians recognized Dr. Hakala as the Family Practice Doctor of the Year for 2003. In his words, "The VIM project has continued to energize me since our first task force meeting in 2001. I have a keen interest in helping people who are disenfranchised from medical care, and am daily inspired by the passion and camaraderie of the VIM volunteers and staff. I am also excited about the opportunity to build our relations with the medical community as well as the many physicians new to the area, in order to provide the best possible care to patients."

With his transition from private practice to medical administrator for a non-profit organization, Dr. Hakala plans to spend more time with his wife of 42 years, Caro, as well as his three children and seven grandchildren. Supporting the VIM Clinic is important to the Hakala clan—Dr. Hakala's son Rob donates

financial management services and son Todd's company, Brian's Cabinets, built the shelving for the Clinic dispensary. Please join us in welcoming Dr. Hakala. ↵

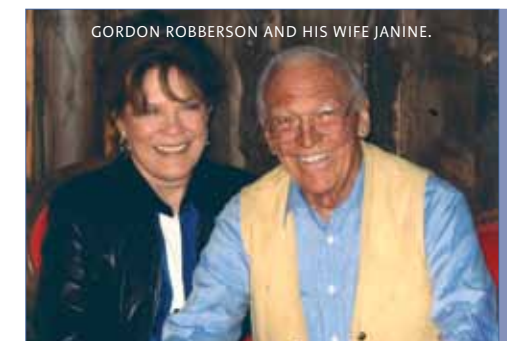
Gordon Robberson—VIM friend and philanthropist

To all who gave to the VIM Clinic in memory of Gordon, the family says a heartfelt thank you.

The VIM Clinic was a project that Gordon cared about for two important reasons. First, because of the clinic's mission to serve the working uninsured...people who, because of circumstances, are not able to carry insurance but are contributing members of society.

The second reason he cared so much was that his dear friend, Dick Ettinger, was active in the planning and start-up of the clinic. Dick was Gordon's physician, his hunting buddy, his confidante, his friend. In honor of that enduring friendship, Gordon wanted to give to the clinic in his own way, which was through donations during his lifetime and memorials in his honor upon his death. So many people have given donations to the Clinic in his memory; he would be very proud and very pleased. We, his family, are very proud and pleased. Thank you. ↵

Sincerely, Janine Robberson



GORDON ROBBERSON AND HIS WIFE JANINE.

OUR MISSION—To understand and serve, on an outpatient basis, the health and wellness needs of the medically underserved in Deschutes County, Oregon.

VIM BOARD OF DIRECTORS

Chair— James Petersen

- Valerie Bailie, MD
- Mike Bonetto, Ph.D.
- Ronald Carver, MD
- Ed Cheeney
- Reverend William Ellis, Jr.
- Neal Goldsmith, MD
- Robert Hakala, MD
- Judi Hofman
- James Lussier
- Dan Peddycord
- Rod Ray, Ph.D.

The VIM Team

- Christine Winters, MPH*
Executive Director
- Robert Hakala, MD*
Medical Director
- Charlie Ayers, MD*
Assistant Medical Director
- Kristi Jacobs*
Volunteer Program Coordinator
- Doug Ritchie, Ph.D.*
IT Director
- Robyn Holdman*
Development Director
- Fran Chang, RN*
Nursing Administrator
- Kristi Lynn Hoch*
Office Manager
- Cristina Marie Foss*
Americorps-VISTA Volunteer
- Rebekah Favia*
Executive Assistant

tasty tidbit!

While sitting down to your favorite holiday meal, consider:

- PUMPKINS ORIGINATED IN CENTRAL AMERICA
- THEY ARE A FRUIT AND 90 PERCENT WATER
- PUMPKINS WERE ONCE RECOMMENDED FOR REMOVING FRECKLES AND CURING SNAKE BITES
- THE LARGEST PUMPKIN EVER GROWN WEIGHED 1,140 POUNDS
- NATIVE AMERICANS FLATTENED STRIPS OF PUMPKINS, DRIED THEM AND MADE MATS
- COLONISTS SLICED OFF PUMPKIN TIPS; REMOVED SEEDS AND FILLED THE INSIDES WITH MILK, SPICES AND HONEY. THIS WAS BAKED IN HOT ASHES AND IS THE ORIGIN OF PUMPKIN PIE

Volunteers in Medicine would like to thank Mulch Design (www.mulchdesign.com) for their continued design support.

> CLINIC: 541.330.9001 > DONATIONS: 541.330.9054 > WEBSITE: WWW.VIM-CASCADES.ORG

give the gift of good health

✂ CLIP HERE AND RETURN TO VIM

TRYING TO FIND THE PERFECT HOLIDAY GIFT FOR FRIENDS, FAMILY OR COLLEAGUES? FORGET THE FRUITCAKE OR EXPENSIVE GIFT BASKET...SUPPORT VOLUNTEERS PROVIDING MEDICAL CARE TO YOUR FRIENDS, NEIGHBORS OR EMPLOYEES!

With a gift of \$50 or more, we will send the recipients of your kindness a holiday card announcing that a donation has been made to VIM in their honor.

YOUR GIFT CAN MAKE A DIFFERENCE IN THE HEALTH OF OUR COMMUNITY:

- \$50 – provides 3 patients with medications for one month
- \$75 – provides one week of medical supplies for our 60 volunteer nurses and doctors
- \$100 – covers one new patient visit, including most lab tests and medications
- \$250 – provides medication, monitoring equipment and diabetes education to one patient
- \$500 – brings the NW Medical Dental Van Team to the VIM Clinic for one full day; 24 patients treated

MY CONTACT INFO: NAME _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____ PHONE _____

My gift is in honor of _____ Commemorating _____

SEND ACKNOWLEDGEMENT TO: NAME _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____ PHONE _____

[RETURN TO VIM: 2300 NE NEFF ROAD, BEND, OREGON 97701] I wish my gift to remain anonymous

Annual Campaign KickOff—Goal: \$60,000

Seeking a return on investment? Invest in the health of your community!

VIM volunteers need a clean, well-stocked clinic, supplies and professional support to provide medical care to the uninsured.

A donation today and over multiple years helps Central Oregon's low-income workforce have access to affordable care.

We direct the funds to:

Volunteer coordination—materials, education and training for the 250 volunteers that coordinate and provide medical services

Facility & services—utilities, insurance, medical and business supplies to keep the doors open, lights on and the clinic stocked

Staffing—at 7.5 fte, VIM staff provides the volunteers with the education, training, and resources to provide medical care. They are the “super” glue to keep a volunteer-based clinic funded and running

Donation form at: www.vim-cascades.org

Dear Santa,

We have been especially good this year.

In the past year, our volunteers provided care to thousands of families living and working in our community. They dispensed 9,550 medications valued at \$700,000 so that our friends and neighbors could live healthier, happier lives.

So while we wish for peace and good health for all, we could really use:

- ↳ A Polycom Speaker phone for use in education and training room (\$300)
- ↳ Annual subscription to UpToDate software for Dr. Hakala and volunteer physicians. This allows all volunteer doctors to access the most current information on disease and modes of treatment (\$1,495)
- ↳ Three flat panel monitors for our front desk volunteers who schedule and check-in patients (\$350 each)
- ↳ Production style copy machine (\$7,000)

A “Healthy” Giving Tree

Patients who visit the VIM Clinic between December 5th and 30th will take home a holiday ornament for a healthy New Year.



The Assistance League is donating a holiday tree to VIM. Health care items such as toothpaste, shampoo and vitamins as well as gift certificates and small toys will serve as decorations. Please join us to decorate the tree and the clinic on **Monday, December 5th at 9am**. We'll have fresh organic coffee and breakfast goodies. You bring your creative flair.



CIRCLE OF CARING MEMBERS

BEND RESEARCH, INC.
 CHARLES & RACHEL BONNETT
 DR. CHARLES & BRITTA BONNETT
 BROOKS RESOURCES CORPORATION
 DR. RONALD & MARY CARVER
 CENTRAL OREGON RADIOLOGY ASSOCIATES
 DR. NEAL & GERT GOLDSMITH
 DON & DARHL GUINN
 KIRBY NAGELHOUT CONSTRUCTION CO.
 PACIFIC SOURCE HEALTH PLAN
 CHARITABLE FOUNDATION
 JIM & PATTI PETERSEN
 GORDON & JANINE ROBBERSON
 TOM & CAROLYN RYDER
 GLADYS STEINLICHT
 HAP TAYLOR & SONS/JOE, ABBY, LORRI & TODD TAYLOR
 THE MAYBELLE CLARK MACDONALD FUND
 THE CENTER FOR ORTHOPEDIC & NEUROSURGICAL
 CARE & RESEARCH
 JON & KAY TOMPKINS
 DORA TORNBOM
 SOUTH VALLEY BANK & TRUST / ROD & LORI RAY

Members of the Circle of Caring

Giving Society contribute \$10,000 per year for at least 3 years, sustaining the operation of the clinic.

checking up on VIM since opening...

8,175 visits completed

700 visits with specialty providers

3,000 families served

9 visits by the Northwest Medical Teams dental van providing care to 170 patients



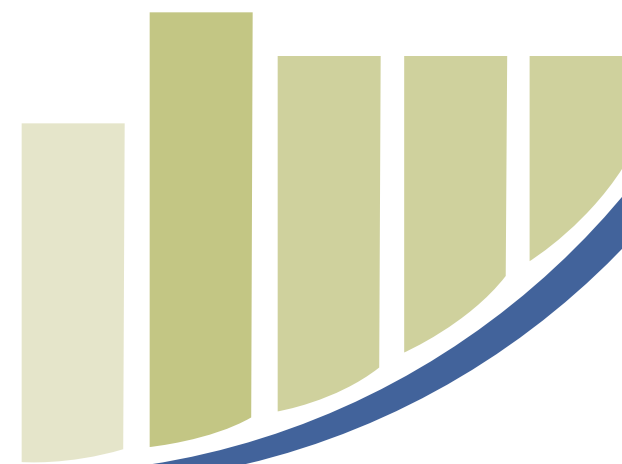
about our patients

Median household income is \$11,648

Donations by patients to date \$21,687

20% are Hispanic

AGE: < 25 16% 25-34 24% 35-44 20% 45-54 20% 55+ 20%



providers & partners

Talk about overachievers . . . we have 71 volunteers who donate 10 or more hours each month.

Active volunteers include 31 primary care providers, 2 general surgeons, one orthopedist, one cardiologist, 3 gynecologists, one psychiatrist and 2 psychiatric nurse practitioners. They are assisted by 44 nurses, 32 dispensary volunteers and 16 interpreters. In the past year, VIM volunteers have collectively donated 22,894 hours providing medical services valued at \$871,530, not including pharmaceuticals, supplies or outside services.

We couldn't do it alone. It is only through the support of the entire medical community that our caregivers have been able to deliver needed health care services to the uninsured.

Some highlights include:

- 289 imaging studies including x-rays, ultrasounds, and MRI's completed by our friends at Central Oregon Radiology and Cascade Healthcare Community.
- 1260 lab tests completed by LabCorp and Cascade Healthcare Community.
- 196 specialty consults and surgical services (since Jan '05) with the help of The Center, Bend Memorial Clinic, Desert Orthopedics, Retina Clinic of the Cascades, The Cardiology Group, Advanced Surgical Care, Koller Clinic of Neurology, Bend Urology and many others who have gone above and beyond to care for our patients.

Common patient ailments include: depression and anxiety, hypertension, diabetes, orthopedic and dental problems

VIM will launch our new Diabetes Wellness Program in January of 2006. Initial funding for this program was provided by The Northwest Health Foundation.