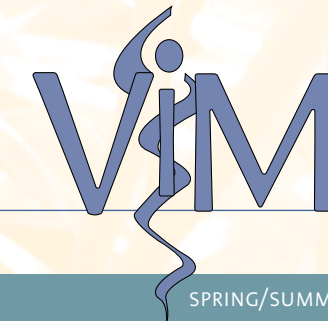




2300 NE NEFF ROAD, BEND, OREGON 97701

As part of the "Good Morning" Bend Chamber series, join us on May 18th 7:30-8:30am for coffee, scones and a quick tour of the VIM Clinic!

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CLINIC OF THE CASCADES Progress Notes

SPRING/SUMMER 2007

FOR A HEALTHY WORKFORCE. FOR A HEALTHY COMMUNITY.

Making A Difference, One Patient at a Time

With each Volunteers in Medicine Newsletter, we try to highlight the important things that are happening at VIM because of the dedicated work of our volunteers, the generosity of our donors, and other members of the Central Oregon community.

Consequently, we pack our newsletter with "facts & figures" which show our friends how we are doing. We hope, however, not to get so wrapped up in the numbers that we forget that our real successes happen one patient, one family at a time. We find that what motivates us more than our internal measures of performance are letters like the one (see right) from real people telling us how we helped them. We think that's the best measure of a successful mission. We believe you will agree.

In July of 2006, I became very sick and was unable to work. I lost my job, my house and about everything I owned. My condition got worse and I had to go back to the hospital. I had no insurance because I lost my job. I tried every County, Federal and State program, but each time I was told I did not qualify. I was in constant pain, could not walk and needed immediate treatment and had nowhere to go. Then my sister heard about Volunteers in Medicine. I went through their screening process and it was determined I qualified for their services. They proceeded to make a diagnosis of my condition and immediately began treatment. It's been a long painful road to recovery and I still have a long way to go.

The reason for this letter is to let people know that Volunteers in Medicine saved my life. They were there to help when no one else would. I want to thank all the doctors and all the volunteers that work there. I was always treated with the utmost respect by everyone. I now have a new job with health insurance and my future looks bright. Again thank you all and God bless the people at VIM. ↵

Most Sincerely,



PATIENT JEFF HARTMAN STANDS IN FRONT OF THE VOLUNTEERS IN MEDICINE CLINIC.

OUR MISSION—To improve the health and wellness of the medically uninsured through the engagement of professionals, community partners & dedicated volunteers.

VIM BOARD OF DIRECTORS

Chair— James Petersen

- Valerie Bailie, MD
- Bob Barr
- Mike Bonetto, Ph.D.
- Ronald Carver, MD
- Ed Cheeny
- Robert Hakala, MD
- Judi Hofman
- James Lussier
- Dan Peddycord
- Rod Ray, Ph.D.

The VIM Team

- Christine Winters, MPH
Executive Director
- Robert Hakala, MD
Medical Director
- Kristi Jacobs
Volunteer Program Coordinator
- Tess Meyer
Business Manager
- Bill Kemp
Development Director
- Fran Chang, RN
Nursing Administrator
- Carla Eagle
Front Desk Supervisor
- Glenda Kennedy
Dispensary Coordinator
- Rebekah Favia
Executive Assistant



Haulin' Aspen Trail Marathon and Half Marathon Sunday, August 12, 2007, Shevlin Park in Bend

JOIN US FOR SOME GOOD CLEAN FUN.
OK, you might get a little sweaty AND a little dirty.



...However you can refuel with wonderful food from Wild Oats, a cold beer from Cascade Lakes Brewing Company and a massage courtesy of COCC students.

Last year, 464 runners from 25 states participated in the second annual trail marathon and half marathon to benefit Volunteers in Medicine. We are inviting volunteers to help out and runners to participate in this year's event! Race registration forms are available at FootZone, REI, Sunnyside Sports and at www.FreshAirSports.com. Enjoy one of Bend's most beautiful parks and support the runners whose participation will bring awareness and funds to the VIM clinic.



Trail Runner Magazine has included this amazing trail run in its nationwide Runner Series.

Please contact VIM Business Manager, Tess Meyer, at 585-9011 if you'd like to volunteer for the event or sponsor an aid station in this year's race.

> CLINIC: 541.330.9001 > DONATIONS: 541.330.9054 > WEBSITE: WWW.VIM-CASCADES.ORG

Year end fundraising report

Volunteers in Medicine Clinic of the Cascades has had a very productive fundraising year.

Since April of 2006, the VIM Board, Staff and Development Team have raised just about \$1.1 million dollars, including monies for endowment, to support clinic operations and patient care! Over 400 clinic volunteers, board members, development volunteers and staff, as well as local individuals and businesses, made a gift to Volunteers in Medicine in Year 3.

Approximately \$725,850 was raised to support the operating budget of the clinic with another \$300,000 restricted to building VIM's endowment.

"We are very pleased with the strong support we have received from local area businesses and individuals and especially our VIM volunteers who give not only their time but their treasure to make the clinic all that it can be for our patients. As Development Team Chair for the Board, I am especially thankful for the 20 Board and Development Team volunteers who participated actively in our fundraising programs throughout the past year. Without their support, we simply could not have achieved all that we have achieved," shared Dr. Ronald Carver.

Enclosed is a special insert —our "Honor Roll of Donors"— thanking our donors for their strong support of our clinic during the most recently completed fiscal year: 4/1/06 to 3/31/07. Please take a moment to peruse our Honor Roll. ↘

If you have questions about VIM's fund development program or would like to make a gift, please contact Bill Kemp, Development Director, at 330-9054.



Volunteering made easy

Thanks to the hard work and diligence of our first Medical Director and founding board member, Dr. Ron Carver, it is now easier for retired and out-of-state physicians to volunteer at VIM.

Over the past 4 and a half years, Dr. Ron Carver has worked with the Oregon Medical Association, our Central Oregon legislators and the Board of Medical Examiners (BME) to ease the burden of licensure for retired physicians. In the past few years, the BME reduced the annual fee for emeritus licensure and the legislature changed the requirement of major examination from one year following retirement to two years.

This January the BME rescinded the initial application fee for emeritus licensure entirely! The Hilton Head VIM Clinic has been successful, in part, because they obtained simplification of retired physician licensure in South Carolina. These changes, we hope, will encourage recently retired physicians moving to Central Oregon to consider volunteering at VIM. ↘

If you know of a retired health practitioner new to our area, please tell them about the VIM Clinic and encourage them to call our Volunteer Coordinator at 330.5541

Clinic data highlights

(APRIL 1, 2006 THROUGH MARCH 31, 2007)

Total Patient Visits	6,260
Total Families Served	1,470
Number of Patient Care Clinics	230

TYPES OF VISITS

Primary Care and Specialty Visits	3,933
Nurse Visits	1,148
Lab Draws	383
Mental Health Counseling	270
Diabetes Wellness	130
Dental Visits	256

NOTE: Some patient visits include more than one service

TOP 5 DIAGNOSES

Depression	3,932
Hypertension	3,952
Respiratory Illness	1,046
Diabetes	1,424
Low Back Pain/Orthopedics	2,035
Dental Pain and Problems	996

REFERRALS

Imaging (x-ray, ultrasounds, MRI, CT)	346
Specialty	463

TOP 3 SPECIALTY REFERRALS

Ophthalmology	72
Orthopedics	72
Physical Therapy	51

DISPENSARY DATA

Total prescriptions dispensed	7,926
Total patients served	942
Prescription assistance apps filled out	1,556
Scripts filled each week	153
Total value of medications dispensed	\$412,000



VIM VOLUNTEER CONTRIBUTIONS—YEAR 3

MEDICAL VOLUNTEERS	HOURS	VALUE
Physicians, Nurse Practitioners and PA's	2,538	\$317,250
Nurses	3,154	\$78,850
Mental Health Personnel	808	\$84,840
Medical Director	522	\$44,370
Medical Advisory Members	75	\$7,500
Dental Screeners	44	\$880
Pharmacists/Techs	528	\$18,480
Phlebotomy and Clinical Support	1,733	\$25,995
TOTAL MEDICAL VOLUNTEERS	9,402	\$575,540

SUPPORT VOLUNTEERS

Greeters	397	\$3,970
Front Desk	3,952	\$59,280
Eligibility Screeners	1,046	\$20,920
Interpreters	1,424	28,480
Dispensary Assistants	2,035	30,526
Computer Champions	996	\$34,860
Fundraisers	260	\$9,100
Special Projects	218	\$2,156
TOTAL SUPPORT VOLUNTEERS	10,328	\$189,292

TOTAL VOLUNTEER CONTRIBUTIONS	19,730	\$764,832
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17 DIFFERENT VOLUNTEERS HELP OUT IN THE DISPENSARY EACH WEEK.